

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanden Abeele Syl

Coaches: Heyligen Bert

Coaches: Planckaert Pieter HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:3, starttime: 14:34
Heat: 3/10 Lane : 2 Athlete: TUYTENS LAURE					Q-time: 01:36:22
PB (25m pool): 01:36.22 Diksmuide 28/12/2025					PB (50m pool): 01:36.37 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.22		01:36.22	
	00:46.22		00:50.00		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:4, starttime: 14:37
Heat: 4/10 Lane : 5 Athlete: DHUYVETTER EM					Q-time: 01:33:66
PB (25m pool): 01:33.71 Brugge 04/10/2026					PB (50m pool): 01:33.66 SB: 01:33.71 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.66		01:33.71	
	00:44.66		00:49.05		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:6, starttime: 14:41
Heat: 6/10 Lane : 8 Athlete: VANCAMELBEKE LOTTE					Q-time: 01:31:48
PB (25m pool): 01:31.48 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:32.22 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.30		01:31.48	
	00:43.30		00:48.18		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:8, starttime: 14:45
Heat: 8/10 Lane : 7 Athlete: POPPE CÉLESTE					Q-time: 01:27:79
PB (25m pool): 01:27.79 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:29.84 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.56		01:27.79	
	00:41.56		00:46.23		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:4, starttime: 14:58
Heat: 4/10 Lane : 8 Athlete: ROIJERS REMI					Q-time: 01:36:34
PB (25m pool): 01:36.34 Diksmuide 08/02/2026					PB (50m pool): 01:36.54 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.92		01:36.34	
	00:44.92		00:51.42		
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:2, starttime: 15:24
Heat: 2/4 Lane : 7 Athlete: DHAENE NIELS					Q-time: 01:13:21
PB (25m pool): 01:13.21 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:16.17 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.55		01:13.21	
	00:34.55		00:38.66		
					

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:5, starttime: 15:41
Heat: 5/5 Lane : 5 Athlete: LIBBRECHT ZOë							Q-time: 02:08:97
PB (25m pool): 02:08.97 Ettelbruck 19/04/2026							PB (50m pool): 02:12.21 SB: 02:09.16 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB		00:30.02		01:03.04		01:36.52	02:08.97
	00:30.02		00:33.02		00:33.48		00:32.45
							

Coach feedback:

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Event number: 44: 200M FREESTYLE MEN 13-14							Heat:2, starttime: 15:48	
Heat: 2/6 Lane : 1 Athlete: HEYLIGEN FELL							Q-time: 02:24:24	
PB (25m pool): 02:24.24 Meulebeke 10/05/2026				PB (50m pool): 02:30.56 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.75		01:10.52		no time		02:24.24
	00:33.75		00:36.77					
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:3, starttime: 15:51	
Heat: 3/6 Lane : 3 Athlete: BOHIJN MILO							Q-time: 02:19:19	
PB (25m pool): 02:20.44 Meulebeke 10/05/2026				PB (50m pool): 02:19.19SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.11		01:09.83		no time		02:20.44
	00:33.11		00:36.72					
								

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12							Heat:3, starttime: 16:07	
Heat: 3/10 Lane : 2 Athlete: DHUYVETTER EM							Q-time: 01:23:45	
PB (25m pool): 01:23.45 Brugge 04/10/2026				PB (50m pool): 01:26.84 SB: 01:23.45 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:40.51		01:23.45				
	00:40.51		00:42.94					
								

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12							Heat:3, starttime: 16:07	
Heat: 3/10 Lane : 4 Athlete: POPPE CéLESTE							Q-time: 01:22:83	
PB (25m pool): 01:22.83 Brugge 04/10/2026				PB (50m pool): 01:25.76 SB: 01:22.83 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:40.80		01:22.83				
	00:40.80		00:42.03					
								

Coach feedback:

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Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:3, starttime: 16:07
Heat: 3/10 Lane : 5 Athlete: VANCAMELBEKE LOTTE					Q-time: 01:23:11
PB (25m pool): 01:23.11 Brugge 04/10/2026					PB (50m pool): 01:24.35 SB: 01:23.11 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.51		01:23.11	
	00:40.51		00:42.60		
					

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:6, starttime: 16:14
Heat: 6/10 Lane : 1 Athlete: TUYTENS LAURE					Q-time: 01:20:53
PB (25m pool): 01:20.53 Brugge 04/10/2026					PB (50m pool): 01:23.09 SB: 01:20.53 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.24		01:20.53	
	00:39.24		00:41.29		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:6, starttime: 16:38
Heat: 6/10 Lane : 8 Athlete: ROIJERS REMI					Q-time: 01:20:69
PB (25m pool): 01:22.19 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:20.69 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.84		01:22.19	
	00:40.84		00:41.35		
					

Coach feedback:

Event number: 47: 200M BACKSTROKE WOMEN 15-16							Heat:2, starttime: 16:53	
Heat: 2/4 Lane : 2 Athlete: BONASSI HÉLÈNE							Q-time: 02:31:63	
PB (25m pool): 02:31.63 Brugge 04/10/2026				PB (50m pool): 02:36.50 SB: 02:31.63 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.95		01:13.20		01:52.94		02:31.63
	00:34.95		00:38.25		00:39.74		00:38.69	
								

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: UZKZ

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:2, starttime: 17:07	
Heat: 2/4 Lane : 7 Athlete: DHAENE NIELS							Q-time: 02:26:08	
PB (25m pool): 02:26.08 LAGO Zwevegem 09/06/2025				PB (50m pool): 02:27.92 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.77		01:13.98		01:51.85		02:26.08
	00:35.77		00:38.21		00:37.87		00:34.23	
								

Coach feedback:

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:3, starttime: 17:11	
Heat: 3/4 Lane : 7 Athlete: BALCAEN SANDER							Q-time: 02:18:95	
PB (25m pool): 02:18.95 Ettelbruck 19/04/2026				PB (50m pool): 02:25.97 SB: 02:24.27 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.85		01:07.52		01:43.87		02:18.95
	00:31.85		00:35.67		00:36.35		00:35.08	
								

Coach feedback: